

	FRANKSTON PRIMARY SCHOOL Sun Smart Policy	Developed 2020 Review: 2022
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Purpose



Excessive exposure to the sun’s ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

UV radiation:

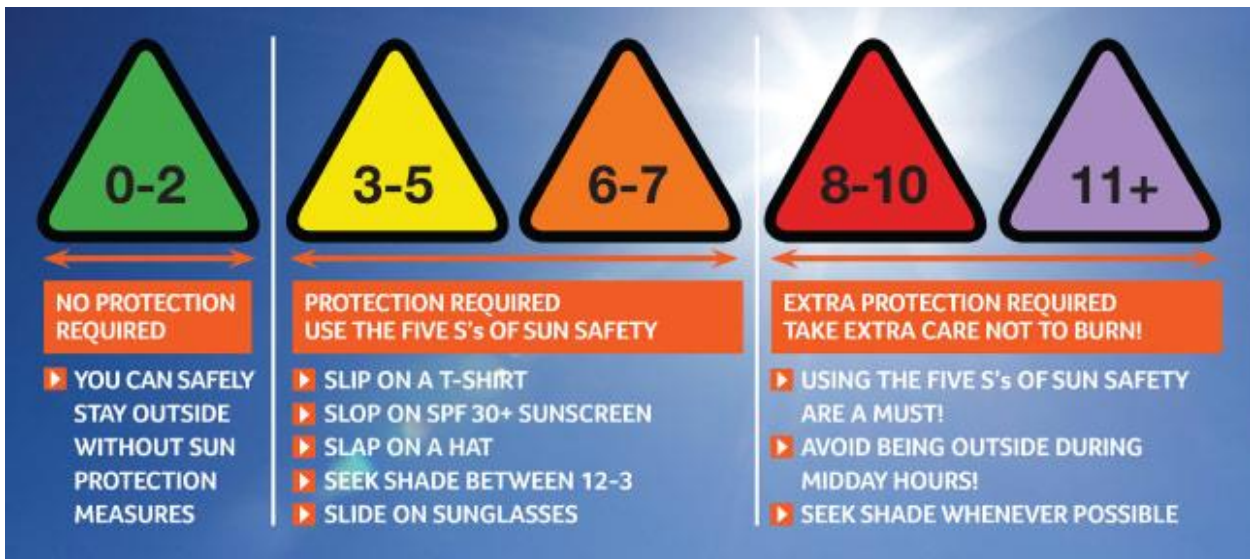
- cannot be seen or felt
- can be reflected off surfaces such as buildings, asphalt, concrete, water, sand and snow
- can pass through light clouds
- varies in intensity across the year (highest in Victoria from mid-August – end of April)

Sun protection is needed whenever UV levels reach three or above. Particular care should be taken during the middle of the day, between 10am – 3pm when UV levels reach their peak.

Purpose

The purpose of this policy is to encourage behaviours at Frankston Primary School to minimise the risk of skin and eye damage and skin cancer.

The World Health Organization's Global Solar UV Index measures UV levels on a scale from 0 (Low) to 11+ (Extreme). Sun protection is recommended when UV levels are 3 (Moderate) or higher.



This policy provides guidelines to:

- support staff and students to use a combination of sun protection measures when UV index levels are 3 or above (generally mid-August – end of April)
- ensure that there are outdoor environments that provide adequate shade for students and staff

- ensure students are encouraged and supported to develop independent sun protection skills to help them to be responsible for their own protection
- support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure and associated harm for students and staff.

This policy applies to all school activities, including camps and excursions. It is applicable to all students and staff.

Guidelines and Implementation

GUIDELINES & IMPLEMENTATION: From mid-August to end of April

- When UV levels are 3 or above (generally from mid-August to end of April in Victoria), Sun Smart measures are required to be adhered to.
- All students and staff use a combination of sun protection measures for all outdoor activities from mid-August to the end of April – hats, sunscreen, protective clothing if required.
- Our Sun Smart Policy is considered when planning all outdoor activities: eg. Outside assemblies, camps, excursions, sporting events. Where possible we have outdoor events earlier in the morning.
- To assist with the implementation of this policy, staff are encouraged to access the daily local sun protection times via the sun smart widget by visiting the Frankston Primary School Sentral Dashboard, or visit the free sunsmart widget <http://www.sunsmart.com.au/uv-sun-protection/uv/uv-widget>.
- Parents and Carers are encouraged to access the daily local sun protection times via the sun smart widget by visiting the Frankston Primary School Web Site – Parent Links Page or visit the free sunsmart widget <http://www.sunsmart.com.au/uv-sun-protection/uv/uv-widget>.
- Sun Smart behaviour is regularly reinforced and promoted throughout the school and to the whole school community through classroom teaching programs, newsletters, staff meetings, and through appropriate school policies.
- As part of Frankston Primary School's Occupational Health and Safety UV risk controls and role-modelling, when the UV is 3 and above staff, families and visitors are required to follow the 5 S's of sun safety.
 1. Slip on a t-shirt
 2. Slop on sunscreen (30+)
 3. Slap on a hat
 4. Slide on sunglasses (where appropriate)
 5. Seek shade

Protective Clothing:

- Sun protective clothing is included in our school uniform / dress code and sports uniform. School clothing is cool, loose fitting and made of appropriate fabric. Rash vests or t-shirts must be work for outdoor swimming activities.

Sunscreen:

- Parents can provide their own high broad spectrum, water resistant sunscreen (Preferably 30+). This should not be shared with other students. The school will provide a non-allergenic sunscreen for students to apply to themselves.
- Staff should ensure sunscreen is applied at least 20 minutes (where possible) before going outdoors and reapply every two hours if outdoors. Students will be encouraged to re-apply their sunscreen
- School Camps that occur between mid-August to end of April must ensure that roll on sun screen is a mandated part of items students are required to supply for camp.
- Staff and students who may suffer from allergic reactions from certain types of sunscreen are encouraged to contact the First Aid Officer to implement a management plan to reduce the risk of an allergic reaction at school.

Hats:

- All students, staff or parent visitors who attend camps, excursions, and other outdoor activities at the school are required to wear hats that protect their face, neck and ears. Frankston Primary School's Uniform Policy states that this hat is required to be a Frankston Primary School broad-brimmed hat whilst at school, excursions and sporting events. Baseball/peak caps and visors are not considered a suitable alternative and are not permitted to be worn at school.
- School hats can be purchased from the office.
- All hats should be labelled clearly on the inside with permanent pen.
- Students will be encouraged to drink plenty of water and play quiet games on very hot days.

Sunglasses:

- Where practical students and staff may wear close fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.

Shade:

- School Council conduct a shade audit yearly to determine the current availability and quality of shade, and ensure shade provision is considered in plans for future buildings and grounds.
- The availability of shade is considered when planning all other outdoor activities and excursions.
- Students are encouraged to use available areas of shade when outside.
- Students who do not have appropriate hats or outdoor clothing are asked to play in the shaded 'upper level area' of the school ground where there is plenty of natural shade.

Role Modelling:

Staff act as role models by:

- Wearing sun protective hats, clothing and sunglasses while outside (this is essential when staff are on duty or when teaching/supervising outside).
- Seek shade whenever possible.
- Apply SPF 30+ water resistant sunscreen as needed.
- Families and visitors are encouraged to use a combination of sub protection measures when participating in and attending outdoor school activities.

References

- [Sun and UV Protection Policy](#) – Department of Education and Training Policy Advisory Guide
- [Duty of care - Department of Educational and Training](#)
- [SunSmart](#)

** Frankston Primary School is a registered member of the SunSmart Schools Program – Celebrating 19 years as a Sun Smart Member (2000 – 2019). Next membership renewal due October 2022.

DEVELOPED	2019
PRINCIPAL	Renée Kennedy
SCHOOL COUNCIL PRESIDENT	Chad Wilson
EVALUATION	This policy will be reviewed as part of the school's three year review cycle, or as required due to changes in relevant Acts, Laws, DET mandates, or should situations arise that require earlier consideration.