

# 3/4 Newsletter

Term 1 Week 8 2019



## Important Dates

Leadership Ceremony  
(SRC Students)  
**Monday 1<sup>st</sup> April**  
9am-10am

Me Bag Exhibition  
**Thursday 4<sup>th</sup> April**  
(2:45pm in classrooms)

End of Term 1  
**Friday 5<sup>th</sup> April**  
(Early Dismissal 2:30)

Start of Term 2  
**Tuesday 23<sup>rd</sup> April**

Restorative Practice Information Night  
**Tuesday 30<sup>th</sup> April**

NAPLAN Testing  
**14<sup>th</sup> - 16<sup>th</sup> May**

How quickly this term has flown by! The children have all settled into the 3/4 school routines and they have all been working hard! We have a special 3/4 meeting area that we have been utilizing for discussions about school expectations and group activities.

## ME BAG PROJECTS

This project was due on Wednesday 13<sup>th</sup> of March. Thank you to the parents who have provided support to enable students to complete this task. The bags look fantastic and the students will have the opportunity to share them with their peers and school community on Thursday 4<sup>th</sup> of April at 2:45pm in their classroom. It is wonderful to learn a little more about the student's personal interests and hobbies.

## Diary and Homework Requirements

As you are aware it is expected that ALL students complete at least 20 minutes of reading, 4 nights every week. This must be recorded and parents are required to sign their child's diary each night they read. It is so important to help your child set up a weekly homework regime.

## Zones of Regulation

The Zones of Regulation assists in helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities. The Zones of Regulation categorises states of alertness and emotions into four coloured zones which are shown. We have been working hard in the 3/4 area to link our emotions with these zones and you can support this by using the same language at home with your child.

What Zone Are You In?			
Blue	Green	Yellow	Red
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control



# Term 1 Highlights

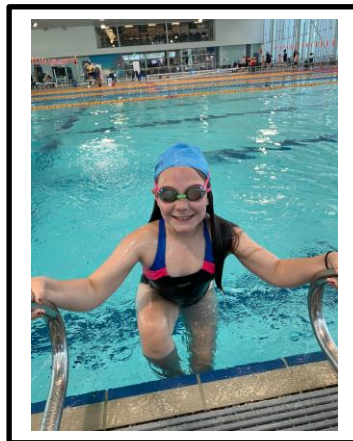
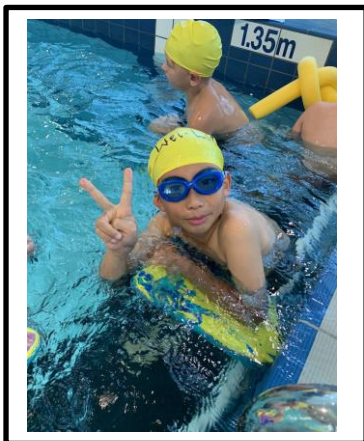
## Harmony Day

Harmony Day is a day to celebrate Australian multiculturalism. Harmony Day is about inclusiveness, respect and belonging for all Australians, regardless of cultural or linguistic background, united by a set of core Australian values. The students had a great day celebrating on Thursday 21<sup>st</sup> March and enjoyed some delicious food.



## 3/4 Swimming Program

The 3/4 students enjoyed participating in the intensive swimming program at PARC earlier in the term. A lot of personal goals were achieved and all 3/4 Students' should be very proud of their behaviour at the pool.



## Senior School Athletics Day



## ME BAGS



**HAVE A GREAT HOLIDAY EVERYONE!**

From all the 3/4 team

virginia mckenzie, Linda Robertson, Caitlin visser and Rebecca wilson